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Reference Manual on Scientific Evidence

Third Edition

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Reference Manual on Scientific Evidence

Committee on Science, Technology, and Law
Policy and Global Affairs

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Reference Guide on Epidemiology

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CONTENTS

- I. Introduction, 551
- II. What Different Kinds of Epidemiologic Studies Exist? 555
 - A. Experimental and Observational Studies of Suspected Toxic Agents, 555
 - B. Types of Observational Study Design, 556
 - 1. Cohort studies, 557
 - 2. Case-control studies, 559
 - 3. Cross-sectional studies, 560
 - 4. Ecological studies, 561
 - C. Epidemiologic and Toxicologic Studies, 563
- III. How Should Results of an Epidemiologic Study Be Interpreted? 566
 - A. Relative Risk, 566
 - B. Odds Ratio, 568
 - C. Attributable Risk, 570
 - D. Adjustment for Study Groups That Are Not Comparable, 571
- IV. What Sources of Error Might Have Produced a False Result? 572
 - A. What Statistical Methods Exist to Evaluate the Possibility of Sampling Error? 574
 - 1. False positives and statistical significance, 575
 - 2. False negatives, 581
 - 3. Power, 582

- B. What Biases May Have Contributed to an Erroneous Association? 583
 - 1. Selection bias, 583
 - 2. Information bias, 585
 - 3. Other conceptual problems, 590
- C. Could a Confounding Factor Be Responsible for the Study Result? 591
 - 1. What techniques can be used to prevent or limit confounding? 595
 - 2. What techniques can be used to identify confounding factors? 595
 - 3. What techniques can be used to control for confounding factors? 596
- V. General Causation: Is an Exposure a Cause of the Disease? 597
 - A. Is There a Temporal Relationship? 601
 - B. How Strong Is the Association Between the Exposure and Disease? 602
 - C. Is There a Dose–Response Relationship? 603
 - D. Have the Results Been Replicated? 604
 - E. Is the Association Biologically Plausible (Consistent with Existing Knowledge)? 604
 - F. Have Alternative Explanations Been Considered? 605
 - G. What Is the Effect of Ceasing Exposure? 605
 - H. Does the Association Exhibit Specificity? 605
 - I. Are the Findings Consistent with Other Relevant Knowledge? 606
- VI. What Methods Exist for Combining the Results of Multiple Studies? 606
- VII. What Role Does Epidemiology Play in Proving Specific Causation? 608
- VIII. Acknowledgments, 618
- Glossary of Terms, 619
- References on Epidemiology, 630
- References on Law and Epidemiology, 630

D. Have the Results Been Replicated?

Rarely, if ever, does a single study persuasively demonstrate a cause–effect relationship.¹⁶² It is important that a study be replicated in different populations and by different investigators before a causal relationship is accepted by epidemiologists and other scientists.¹⁶³

The need to replicate research findings permeates most fields of science. In epidemiology, research findings often are replicated in different populations.¹⁶⁴ Consistency in these findings is an important factor in making a judgment about causation. Different studies that examine the same exposure–disease relationship generally should yield similar results. Although inconsistent results do not necessarily rule out a causal nexus, any inconsistencies signal a need to explore whether different results can be reconciled with causality.

E. Is the Association Biologically Plausible (Consistent with Existing Knowledge)?¹⁶⁵

Biological plausibility is not an easy criterion to use and depends upon existing knowledge about the mechanisms by which the disease develops. When biological plausibility exists, it lends credence to an inference of causality. For example, the conclusion that high cholesterol is a cause of coronary heart disease is plausible because cholesterol is found in atherosclerotic plaques. However, observations have been made in epidemiologic studies that were not biologically plausible at the time but subsequently were shown to be correct.¹⁶⁶ When an observation is inconsistent with current biological knowledge, it should not be discarded, but

162. In *Kehm v. Procter & Gamble Co.*, 580 F. Supp. 890, 901 (N.D. Iowa 1982), *aff'd*, 724 F.2d 613 (8th Cir. 1983), the court remarked on the persuasive power of multiple independent studies, each of which reached the same finding of an association between toxic shock syndrome and tampon use.

163. This may not be the legal standard, however. *Cf. Smith v. Wyeth-Ayerst Labs. Co.*, 278 F. Supp. 2d 684, 710 n.55 (W.D.N.C. 2003) (observing that replication is difficult to establish when there is only one study that has been performed at the time of trial).

164. See *Cadian v. Merrell Dow Pharms., Inc.*, 745 F. Supp. 409, 412 (E.D. Mich. 1989) (holding a study on Bendectin insufficient to support an expert's opinion, because "the study's authors themselves concluded that the results could not be interpreted without independent confirmatory evidence").

165. A number of courts have adverted to this criterion in the course of their discussions of causation in toxic substances cases. *E.g.*, *In re Phenylpropanolamine (PPA) Prods. Liab. Litig.*, 289 F. Supp. 2d 1230, 1247–48 (W.D. Wash. 2003); *Cook v. United States*, 545 F. Supp. 306, 314–15 (N.D. Cal. 1982) (discussing biological implausibility of a two-peak increase of disease when plotted against time); *Landrigan v. Celotex Corp.*, 605 A.2d 1079, 1085–86 (N.J. 1992) (discussing the existence vel non of biological plausibility); see also Bernard D. Goldstein & Mary Sue Henifin, *Reference Guide on Toxicology*, Section III.E, in this manual.

166. See *In re Rezulin Prods. Liab. Litig.*, 369 F. Supp. 2d 398, 405 (S.D.N.Y. 2005); *In re Phenylpropanolamine (PPA) Prods. Liab. Litig.*, 289 F. Supp. 2d 1230, 1247 (W.D. Wash. 2003).

the observation should be confirmed before significance is attached to it. The saliency of this factor varies depending on the extent of scientific knowledge about the cellular and subcellular mechanisms through which the disease process works. The mechanisms of some diseases are understood quite well based on the available evidence, including from toxicologic research, whereas other mechanism explanations are merely hypothesized—although hypotheses are sometimes accepted under this factor.¹⁶⁷

F. Have Alternative Explanations Been Considered?

The importance of considering the possibility of bias and confounding and ruling out the possibilities is discussed above.¹⁶⁸

G. What Is the Effect of Ceasing Exposure?

If an agent is a cause of a disease, then one would expect that cessation of exposure to that agent ordinarily would reduce the risk of the disease. This has been the case, for example, with cigarette smoking and lung cancer. In many situations, however, relevant data are simply not available regarding the possible effects of ending the exposure. But when such data are available and eliminating exposure reduces the incidence of disease, this factor strongly supports a causal relationship.

H. Does the Association Exhibit Specificity?

An association exhibits specificity if the exposure is associated only with a single disease or type of disease.¹⁶⁹ The vast majority of agents do not cause a wide vari-

167. See Douglas L. Weed & Stephen D. Hursting, *Biologic Plausibility in Causal Inference: Current Methods and Practice*, 147 Am. J. Epidemiology 415 (1998) (examining use of this criterion in contemporary epidemiologic research and distinguishing between alternative explanations of what constitutes biological plausibility, ranging from mere hypotheses to “sufficient evidence to show how the factor influences a known disease mechanism”).

168. See *supra* Sections IV.B–C.

169. This criterion reflects the fact that although an agent causes one disease, it does not necessarily cause other diseases. See, e.g., *Nelson v. Am. Sterilizer Co.*, 566 N.W.2d 671, 676–77 (Mich. Ct. App. 1997) (affirming dismissal of plaintiff’s claims that chemical exposure caused her liver disorder, but recognizing that evidence supported claims for neuropathy and other illnesses); *Sanderson v. Int’l Flavors & Fragrances, Inc.*, 950 F. Supp. 981, 996–98 (C.D. Cal. 1996); see also *Taylor v. Airco, Inc.*, 494 F. Supp. 2d 21, 27 (D. Mass. 2007) (holding that plaintiff’s expert could testify to causal relationship between vinyl chloride and one type of liver cancer for which there was only modest support given strong causal evidence for vinyl chloride and another type of liver cancer).

When a party claims that evidence of a causal relationship between an agent and one disease is relevant to whether the agent caused another disease, courts have required the party to show that